

Ottawa Booth Centre

Motivated by Christ-like values and beliefs, the Salvation Army Ottawa Booth Centre provides effective, client-centered programs and services, which respond to the physical, emotional and spiritual needs of a broad range of individuals in our community.

The Salvation Army Ottawa Booth Centre is a place of NEW BEGINNINGS. We are proud to be part of larger community initiatives in addressing many of the issues of homelessness and chronic poverty.

Our community of clients includes the homeless, the hungry, the unemployed and the lonely. The Ottawa Booth Centre provides many diversified programs and services with the purpose to promote the renewal of body, mind and spirit. Our staff and volunteers are committed to serving our clients with compassion, recognizing the inherent dignity of each individual.

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OTTAWA BOOTH CENTRE

171 George Street Ottawa ON K1N 5W5



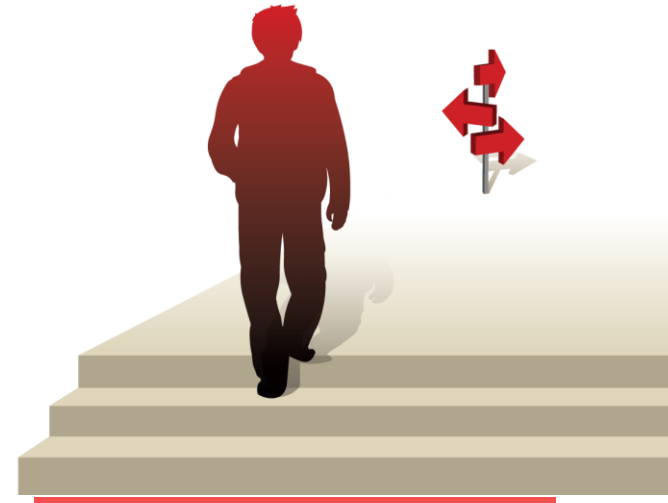
Giving
Hope
Today



Residential Life Skills Program



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Elements

The RLSP combines the benefits of a daily program schedule with independence practices structured to help clients develop healthy routines and meet important obligations.

40+ Life Skills Classes

Including discussion topics ranging from Honesty & Empathy, Accountability & Integrity, to Time Management & Goal Setting

16 Practical Skills Classes

Includes classes on everyday practical responsibilities, from budgeting to healthy lifestyle choices, and job readiness

16 Spirituality Classes or Personal Reflection

Meaning and purpose is reflected upon at a deeper level. Connecting self-discovery to spiritual practices such as forgiveness, wellness and hope. Alternatively, participants engage in personal reflection.

Our Program

The Residential Life Skills Program is a four month self-actualization program designed to help you create, achieve and maintain independent life goals, find and obtain housing, and reintegrate with your community. The combination of knowing yourself and knowing the world in which you live is the key to finding certainty, structure, and healthy comfort in your life.



The Residential Life Skills Program consists of classroom learning, hands-on and social skills development. You will benefit from private life coaching sessions fine-tuned to your needs, ensuring the best results specifically for you. The RLSP focuses greatly on helping clients build self-esteem and confidence while encouraging a higher sense of self-awareness.

Resources and Partnerships

The program also helps clients establish connections to many education, employment, housing, and healthcare resources based on their personal goals.

Money Wise

Located in the Booth Centre, the Moneywise Program helps clients gain financial stability through coaching, trusteeship, and support.

Causeway Work Centre

Helping people overcome complex employment barriers such as mental health issues, homelessness, lack of education and poverty.

